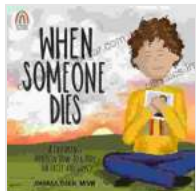


The Mindful Steps: A Children's Guide to Grief and Loss



When Someone Dies: A Children's Mindful How-To Guide On Grief and Loss (The Mindful Steps Series Book 5) by Andrea Dorn

★★★★☆ 4.8 out of 5

Language : English

File size : 7337 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 48 pages

Lending : Enabled



The death of a loved one is a difficult experience for anyone, but it can be especially challenging for children. Children may not understand what death is, and they may not know how to cope with the emotions that come with it. The Mindful Steps is a children's guide to grief and loss that can help children understand what death is and how to cope with the emotions that come with it.

The book is written in a clear and concise manner, and it is illustrated with beautiful drawings. The book is divided into three sections: The First Step, The Second Step, and The Third Step. Each section covers a different aspect of grief and loss, and it provides children with tools and techniques that they can use to cope with their emotions.

The First Step covers the basics of death. It explains what death is, and it helps children to understand that death is a natural part of life. The book also teaches children about the different emotions that come with grief, and it provides them with tools that they can use to cope with these emotions.

The Second Step covers the grieving process. It explains the different stages of grief, and it helps children to understand that everyone grieves in their own way. The book also provides children with tools that they can use to work through their grief, and it helps them to develop coping mechanisms that they can use in the future.

The Third Step covers the future. It helps children to understand that life goes on after a loved one dies, and it provides them with tools that they can use to build a new life for themselves. The book also helps children to develop hope for the future, and it teaches them how to find joy in life again.

The Mindful Steps is a valuable resource for children who are grieving the death of a loved one. The book provides children with the tools and techniques that they need to cope with their emotions, and it helps them to develop coping mechanisms that they can use in the future. The book is also a source of hope and inspiration for children who are struggling to come to terms with the death of a loved one.

If you are interested in purchasing a copy of The Mindful Steps, please visit the following website:

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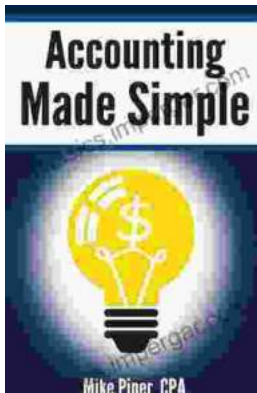
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