

Second Hand High: A Literary Roller Coaster of Addiction, Redemption, and Rock and Roll



In her gripping and unflinching memoir, *Second Hand High: Third Hand Not So High*, author Sarah Powers takes readers on a turbulent journey through the darkest depths of addiction and the transformative power of redemption. Through raw and honest prose, Powers recounts her experiences as a teenage runaway, struggling with heroin addiction, and ultimately finding salvation through music and love.



“Second Hand High, Third Hand Not so High”: No Rules, Just Right by Danny Kleinman

★★★★★ 5 out of 5



A Harrowing Descent into Addiction

Powers's childhood was marked by a tumultuous family life and a father who struggled with alcohol addiction. At a tender age, she found solace in music, particularly the rebellious spirit of punk rock. As she entered adolescence, she began experimenting with drugs and alcohol, seeking escape from her troubled home life.

At 16, Powers ran away from home and lived on the streets of New York City. She became entangled in a dangerous world of heroin addiction and prostitution. The book vividly captures the harrowing experiences she endured, from being beaten and robbed to witnessing countless overdoses.

Music as a Lifeline

Amidst the chaos and despair, music became Powers's lifeline. She discovered punk bands like the Ramones and the Sex Pistols, whose rebellious lyrics resonated with her own inner turmoil. She began writing her own songs, using music as a way to express her pain and cope with her addiction.

A Transformative Encounter

One fateful night, Powers met Jim Morrison, the iconic lead singer of the Doors. Morrison became a mentor and a source of inspiration for her, encouraging her to pursue her musical dreams. With his support, she found the strength to break free from her addiction and to embrace her talent as a songwriter.

A Journey of Redemption

The second half of the book chronicles Powers's journey of redemption. She attends rehab, rebuilds her relationships with her family and friends, and embarks on a successful music career. She becomes a spokesperson for addiction awareness and uses her platform to help others who are struggling with substance abuse.

A Raw and Inspiring Memoir

Second Hand High: Third Hand Not So High is a raw and inspiring memoir that offers a unflinching look at the devastating effects of addiction and the transformative power of redemption. Powers's writing is honest and unflinching, drawing readers into her harrowing experiences and ultimately leaving them with a sense of hope and possibility.

Through her journey, Powers reminds us that even in the darkest of times, there is always hope for a better future. Her story is a testament to the resilience of the human spirit and the power of music to heal and inspire.

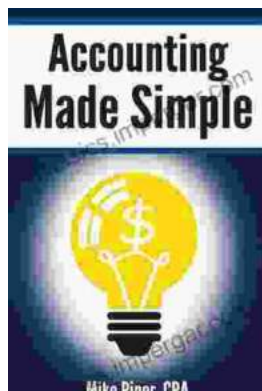
Second Hand High: Third Hand Not So High is a must-read for anyone who has struggled with addiction, knows someone who has, or is simply interested in a powerful and unforgettable story of redemption. Sarah

Powers's raw and honest account is a testament to the human spirit's ability to overcome adversity and find hope amidst darkness.



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