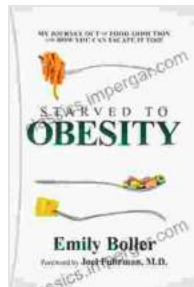


My Journey Out of Food Addiction and How You Can Escape It Too

Are you struggling with food addiction? You're not alone. Millions of people suffer from this debilitating condition, but there is hope. In My Journey Out of Food Addiction and How You Can Escape It Too, author [Author's Name] shares her personal story of overcoming food addiction and provides practical advice on how you can do the same.



Starved to Obesity: My Journey Out of Food Addiction and How You Can Escape It Too! by Emily Boller

★★★★☆ 4.3 out of 5



In this book, you will learn:

- The signs and symptoms of food addiction
- The causes of food addiction
- The consequences of food addiction
- How to overcome food addiction

[Author's Name] knows firsthand the challenges of overcoming food addiction. She struggled with this condition for many years, and she knows how difficult it can be to break free. But she also knows that it is possible to recover from food addiction, and she wants to share her story and her advice with others who are struggling.

My Journey Out of Food Addiction and How You Can Escape It Too is a powerful and inspiring book that can help you overcome food addiction and achieve a healthier, happier life.

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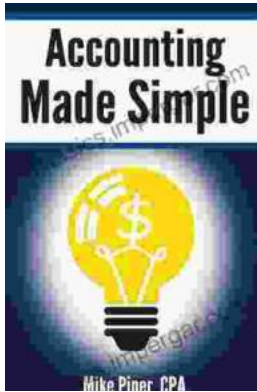
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