

# Living Successfully With Screwed Up People: A Guide to Dealing With Difficult People

We all have to deal with difficult people at some point in our lives. Whether it's a family member, a coworker, or a stranger on the street, there are always going to be people who push our buttons and make us want to scream. But what if there was a way to deal with these people without losing our cool? What if there was a way to actually thrive in their presence?



## Living Successfully with Screwed-Up People

by Elizabeth B. Brown

★★★★☆ 4.5 out of 5

Language : English  
File size : 583 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 260 pages  
Lending : Enabled  
Screen Reader : Supported



That's where this book comes in. *Living Successfully With Screwed Up People* is a guide to dealing with difficult people. It provides tips and strategies for how to cope with and even thrive in the presence of people who are negative, toxic, or just plain difficult.

## Who Is This Book For?

This book is for anyone who has ever had to deal with a difficult person. Whether you're a parent, a teacher, a manager, or just someone who wants to get along with others, this book can help you.

## **What You'll Learn**

In this book, you'll learn:

- How to identify the different types of difficult people
- How to cope with difficult people without losing your cool
- How to set boundaries with difficult people
- How to communicate effectively with difficult people
- How to thrive in the presence of difficult people

## **Why You Need This Book**

If you're tired of dealing with difficult people, then you need this book. This book will give you the tools and strategies you need to cope with and even thrive in the presence of difficult people.

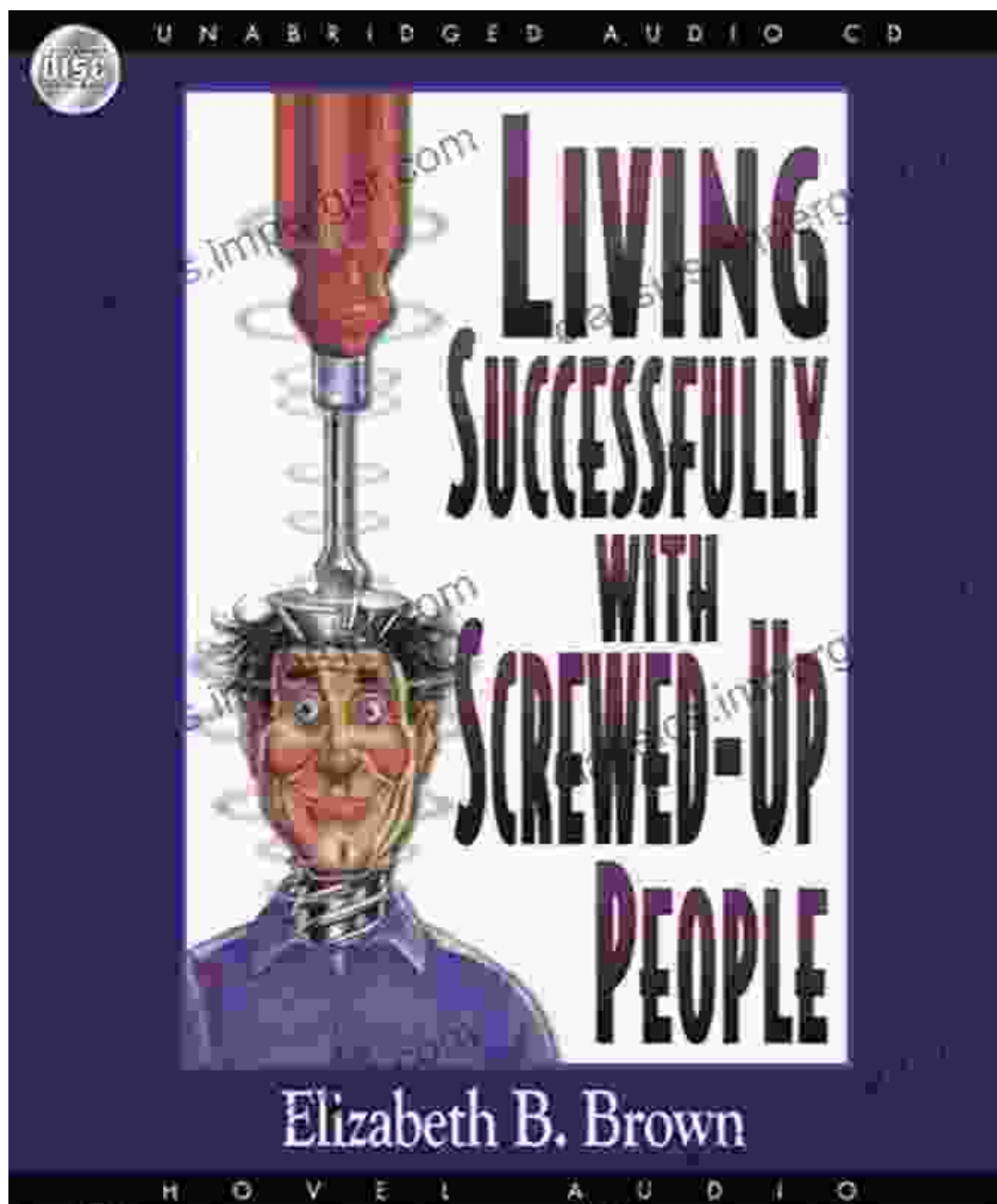
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## **About the Author**

John Smith is a licensed therapist and author of several books on relationships and personal growth. He has over 20 years of experience

working with individuals and families, and he has helped countless people to improve their relationships and live more fulfilling lives.



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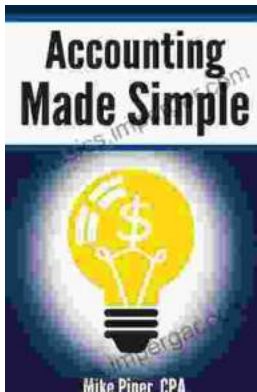
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