

# Declutter Your Closet Like a French Woman: Step-by-Step Guide and Motivation



## The Tidy Closet: Tips From A French Woman - Easy Steps And Motivation To Declutter Your Closet And Organise Your Wardrobe by Marie-Anne Lecoeur

★★★★☆ 4.2 out of 5

Language	: English
Hardcover	: 236 pages
Item Weight	: 1.02 pounds
Dimensions	: 6.5 x 0.75 x 9.5 inches
File size	: 1295 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Print length	: 140 pages
Lending	: Enabled



Are you tired of a cluttered closet that makes it hard to find what you need? Do you wish you had a stylish and organized wardrobe like the effortlessly chic French women?

Well, now you can! With our comprehensive guide, you'll learn the secrets of French women and declutter your closet with ease. We'll provide you with step-by-step instructions, motivation, and expert tips to help you achieve a clutter-free and stylish wardrobe that will make getting dressed a breeze.

## **Step 1: Ditch the Guilt**

The first step to decluttering is to ditch the guilt. We all have clothes that we don't wear anymore, but we hold onto them for various reasons. Maybe we feel guilty about spending money on them or we have sentimental attachments to them.

Whatever the reason, it's important to remember that holding onto clothes that you don't wear is actually doing you a disservice. It's cluttering up your closet, making it hard to find the clothes you do want to wear, and it's preventing you from creating a stylish and organized wardrobe that you love.

So, take a deep breath and let go of the guilt. It's time to start decluttering!

## **Step 2: Sort Your Clothes**

Once you've ditched the guilt, it's time to sort your clothes. This is the most important step in the decluttering process, so take your time and do it right.

Start by sorting your clothes into piles. You can create as many piles as you want, but we recommend starting with the following:

- Keep
- Donate
- Trash
- Maybe

Once you've sorted your clothes, it's time to start decluttering. Start with the "Trash" pile. These are the clothes that are torn, stained, or otherwise

damaged. Don't hesitate to throw these clothes away.

Next, move on to the "Donate" pile. These are the clothes that you don't wear anymore, but that are still in good condition. Donate these clothes to a local charity or thrift store.

The "Maybe" pile is for clothes that you're not sure about. If you can't decide whether to keep or donate a piece of clothing, put it in the "Maybe" pile. You can come back to this pile later and make a decision.

### **Step 3: Keep Only What You Love**

Now that you've sorted your clothes, it's time to start keeping only what you love. This is the key to a clutter-free and stylish wardrobe.

When deciding whether to keep a piece of clothing, ask yourself the following questions:

- Does this piece of clothing make me feel happy and confident?
- Does it fit well and flatter my figure?
- Is it versatile and can I wear it in multiple outfits?
- Is it made from high-quality materials that will last?

If you answered "no" to any of these questions, then it's time to let go of that piece of clothing. Remember, the goal is to create a wardrobe that you love and that makes you feel good.

### **Step 4: Organize Your Closet**

Once you've decluttered your closet, it's time to organize it. This will help you keep your clothes neat and tidy, and it will make it easier to find what you need.

There are many different ways to organize your closet, so find a system that works for you. Some popular methods include:

- Hanging clothes by type (e.g., shirts, pants, dresses)
- Hanging clothes by color
- Using shelves or drawers to store folded clothes
- Using baskets or bins to store accessories

Once you've organized your closet, take a step back and admire your work. You've now created a clutter-free and stylish wardrobe that will make getting dressed a breeze.

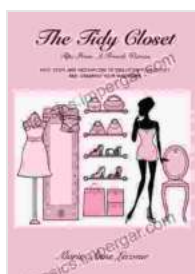
Decluttering your closet like a French woman is all about ditching the guilt, sorting your clothes, keeping only what you love, and organizing your closet. By following these steps, you can create a clutter-free and stylish wardrobe that will make you feel happy and confident.

So, what are you waiting for? Start decluttering your closet today and see the amazing results for yourself!

### **Additional Tips for Decluttering Your Closet**

- Set aside a specific time to declutter your closet. Don't try to do it all in one day, or you'll get overwhelmed.

- Ask a friend or family member to help you. They can provide moral support and help you stay motivated.
- Take before and after photos of your closet. This will help you see the progress you've made and stay motivated.
- Reward yourself for your hard work. Once you've decluttered your closet, treat yourself to something you love, like a new outfit or



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