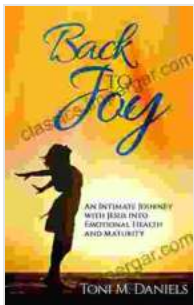


An Intimate Journey With Jesus Into Emotional Health And Maturity

Are you ready to embark on an intimate journey with Jesus that will lead you to emotional health and maturity? This book is your guide.



Back to Joy: An Intimate Journey with Jesus Into Emotional Health and Maturity by Toni M Daniels

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2015 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 269 pages
Lending	: Enabled



In this book, you will learn how to:

- Identify and understand your emotions
- Process your emotions in a healthy way
- Develop coping mechanisms for difficult emotions
- Build healthy relationships
- Find peace and contentment in your life

This book is not a quick fix or a magic bullet. It is a journey that takes time and effort. But if you are willing to commit to the process, you will be rewarded with a life that is more fulfilling, more meaningful, and more joyful.

What Others Are Saying

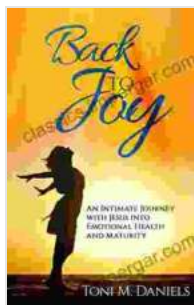
"This book is a must-read for anyone who wants to grow in their emotional health and maturity. It is full of practical advice and biblical wisdom that will help you on your journey." - Dr. John Townsend, author of Boundaries

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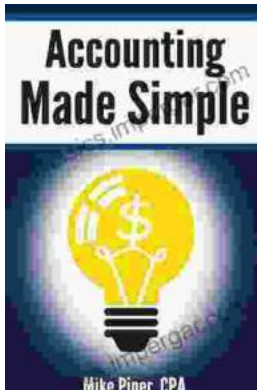
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